

Video Title: Clinical Supervision PG Cert – Geraldine Grindley

My full name is Geraldine Grindley. I chose to study online because I was looking for a course and as I've been a long time in the profession, I wanted to find somewhere to study where I wouldn't be meeting former clients or supervisees. So I decided to take the course in Derby.

I couldn't have done it if I hadn't done it online because I work full time and to be able to do my study online in my hours when I'm not working or at weekends or at night was really important for me because I couldn't have taken time off to come to take a course.

Well the thing that I enjoyed most about it was first of all the challenge of studying somewhere where things are different and secondly it was so good online to have everything there at your fingertips. You didn't have to go to a library to look for the stuff. All your reading material was online and you could just pick it up at any point and if you wanted to go on ahead, you could go on at your own pace, you could read on ahead if you wanted to or if there was something you wanted to go back to it was there.

The support from the lecturers was essential and my tutor, Wendy was great. She was always there when you emailed her and went on the discussion forum. I had a fair bit of interaction with other students obviously not face to face but we used to talk on the discussion boards and then we began to email one another to have more kind of one to one conversations and when we had a problem with writing an assignment or something we gave one another support and we used to contact one another.

Well I always did supervision for the last 25 years. I never did any form of training in it so this course has given me a great deal of self-confidence. Also, I've a full time practice in psychotherapy and in supervision and I train so having the course behind me so to speak has just given me that little bit more assurance about what I do really and one of things I'd like to do as a result of it is perhaps to write a little bit on supervision.