

## Video Title: Online Understanding Autism, Asperger's and ADHD free short course

ADHD is thought to affect between 3% and 9% of school age children and young people in the UK. Likewise, around 700,000 people in the UK are on the autism spectrum. Together with their families, they make up around 2.8 million people whose lives are touched by autism in the UK alone.

The exact cause of both autism and ADHD is poorly understood and although there is currently no known cure, much can be done to support people with these conditions.

Because they are so different if there are 500,000 people with autism, you'd need 500,000 guides.

As they say, it's a spectrum and it's even not from 1 to 100. It's like from 1 to 100 that way, that way, that way, that way...

In this short free online course you will learn about autism, asperger's and ADHD, their differences and the importance of understanding their classification, assessment and diagnosis.

You very rarely get ADHD in isolation without some of the symptoms of the autism spectrum. Likewise, you rarely get autism without some of the symptoms of ADHD.

You will be encourage to examine several key themes around both autism and ADHD, in order to obtain skills to help people with these conditions. You will hear from industry experts and those personally affected by autism or ADHD.

The University of Derby are leaders in online learning and this MOOC forms a series of MOOCs which we are developing to explore long term health conditions. So join us on these free online course and together we can learn more about these challenging conditions.